



Boswell Regional Center Bulletin

Holiday 2015

A Publication for Employees, Family and Friends of BRC

BRC Floats

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The BRC float won Most Inspirational in Brookhaven's parade, third place in Magee's parade, second place in Mendenhall's parade, and second place in the New Hebron parade. Thank you to everyone who worked on the float to make this happen in a timely manner. A BIG thank you to Angie Tanner, Curtis "Rod" Skiffer and Cam Grippi (Mississippi Adolescent Center staff) for pulling the floats. Our Day Services Programs were in charge of being creative to go along with the different themes. Merry Christmas and Happy New Year!



The publication of the BRC Bulletin is made possible by contributions from our dedicated and talented employees. The articles and pictures were written, taken and formatted by BRC employees. Their contributions are greatly appreciated! We sincerely hope that you enjoy this edition of the Boswell Regional Center Bulletin, December, 2015 Issue.

Cookies From Santa



Will Beeson, Short Term Stabilization/Special Supervision Administrator at BRC, really got into the Christmas spirit when he and his family dressed up as the Claus family. He was Santa, wife Stacey was Mrs. Claus, and daughter Anna rounded it out as a helpful little elf. They passed out cookies and milk to the people who live at Oakbrook, Ridgeview, Fairway, and Pinelake.

Friends and Family Christmas Party 2015

This year's BRC Annual Christmas party has come and gone, but what a time to remember! There was an increase in the number of staff and individuals who attended this year. This event was held at the Magee National Guard Armory on Friday, December 11, 2015. The night was filled with entertainment by Rocky and the Corvettes of Lucedale, MS. Mr. Joe McGuffee of Mendenhall sponsored this band again this year. Boswell is so grateful for him and his dedication to BRC. The food was catered by James Williams Catering Services, Tyson Foods (Magee), and Little Caesars Pizza (Magee). Jamie Bynum finished out the evening with his DJ expertise. The door prizes were given away to staff and clients in attendance. A BIG thank you to our Maintenance department, Recreation department, Beth Luper and Janet Gibson for decorating. If you missed this year's annual Christmas party, you missed a treat! This event is sponsored by the Friends and Family Association. Our board members are Jeff Martin, Kathy Dampeer-Pittman, Lou Robison, Sue Honea, Rachel Manning, Matt Nalker, Barbara Banes and President Rev. Ike Durr. Thank you all for serving, and Friends and Family is looking forward to a new and fun filled year!



Oak Brook PJ Party

Oak Brook individuals and staff celebrated Christmas on Thursday, December 11th at their unit. The Big Kitchen was so gracious to help with finger foods, desserts, hot chocolate, and cold drinks. The fun PJ party ended with gifts for each individual. You could hear laughter all over the building from the joy in their hearts and see smiles all around. Will Beeson and his daughter Anna attended and helped serve. Thanks to all staff who made this possible.



Dr. Julian Rose

Education

University of Southern Mississippi 1968-69

BS in Biology & Chemistry 1971-73

University of Mississippi Medical Center 1974-1978

Medical Degree

Tulane University; New Orleans, LA -intern 1978-1979

(Resident, Internal Medicine) 1981-1983

Fellow Pulmonary/Critical Care Medicine 1991-1994

Military Service: 1969-1971 (US Marine Corps)

1990-2010 (US Navy Reserves/Medical)

Medical Practice:

Pulmonary & Critical Care Medicine 1994-present

Board Certified-American Board Sleep Medicine 2000



Priority One Bank Christmas

Priority One Bank staff have been celebrating Christmas with Boswell Regional Center individuals since 2003. Cynthia Bynum and staff begin this planning stage several months before December. They get a wish list from everyone and the joyous blessings begin! The party was held in the Priority One Bank training center with many elves assisting. The decorations were beautiful as you walked through the door, and Christmas spirit filled the room. Priority One Bank staff served everyone refreshments and holiday punch. After eating, the tables were cleared and a jingling noise came from outside. Guess who had arrived! Santa entered the room with a big white beard and tiny glasses hanging from his nose. One by one each client had an opportunity to sit with Santa and share their wish list. Lastly, the gifts were distributed to everyone, and the smiles were BIG as Santa's belly! It is truly a blessing to have such a giving community, and Boswell Regional Center is proud to be a part of it!



Pinelake Food Drive

Pinelake Geriatric Services, along with other departments on campus, gathered food for the First Baptist Church of Magee pantry. This has become an annual event, and everyone enjoys giving from their hearts. Presenting the canned goods were Boswell Regional Center staff members, Kathy Dampeer-Pittman, Public Relations; Cyntheia Tanner, volunteer; Kay Adcox, Pinelake Geriatric Services; Mike Sellers, Maintenance. Mrs. Marjorie Buffington, member of First Baptist Church, received the items on behalf of the church.



Pinelake Christmas Party



Allied Health Students Tour BRC



These students represent Magee and Mendenhall Juniors and Seniors of the Simpson County Career and Technical Center's Health Science Program. The students attended the Virtual Dementia Tour conducted at Boswell Regional Center. Students learned about Dementia and Alzheimer's disease. Left front to back: McKenzie Powell, Breosha Murray, McKayla Butler, RoAntonio Hollins, Destiny Brown, and Karley Waller. Right side front to back, Ashley Polk, Sylvia Yates, DeAsyia Deer, Paige Holder, Keirra Berry, Jennifer Stewart, Emily Everett, Brenda White (Instructor), and Stephanie Teater.

Dream Haven Thanksgiving

On Thursday, November 19, 2015, individuals from Dream Day Services enjoyed a buffet-style Thanksgiving dinner. They enjoyed ham, turkey, dressing, potato salad, green bean casserole, sweetened and unsweetened tea, and a variety of homemade cakes and pies. The meal was catered by our fantastic Boswell Regional Center staff (Lisa Tolliver, Laura Taylor, Jackie Motley, Carol Carter, Theresa Humphrey). H. James stood and blessed the food before everyone chowed down! Everyone was happy and thankful for a great Thanksgiving dinner. Others assisting were Angelina Lynch, Shelia Graves, Sonya Allen, Andrea Roberson, and Rhonda Hough.



BRC Thanksgiving Dinner

Thanksgiving Dinner was held Tuesday, November 24, 2015, in the Big Kitchen. Several weeks in advance, Nutritional Services planned the menu and made sure there would be enough staff to serve everyone. Several departments pulled together to make this special event a success. The decoration was an autumn look: orange and brown leaves, branches, and pine cones.

Steven Allen, Boswell Regional Center Director, blessed the food and shared a warm thankful message. As everyone was served, staff sat with individuals and fellowshiped with one another. Happy Thanksgiving from BRC!



BRC Visits Westminster

On December 10, 2015, Boswell stopped by Westminster Presbyterian Church in Hattiesburg, MS. This is their annual stop because Westminster Presbyterian Church is so generous. Bro. Orlando Rankin, Bro. Rudy Jackson along with Bro. Steve Ramp, Karen Reidenback, Martha Davis and Sinclair Lundy, members of Westminster Presbyterian Church, loaded the truck full of gifts to bring back to Boswell Regional Center to spread the holiday spirit. We must remember Jesus is the reason for the season, and we are so thankful for this long established bond.



Brookhaven Junior Auxiliary

The Brookhaven Jr. Auxiliary donated toys, stuffed animals, remote controlled cars and undergarments to the individuals residing at MAC for Christmas. In addition, earlier in the week they donated a bike.



Unified Soul Bowl

By: Calvert Sims, Jr.

The first annual MS Special Olympics' Unified Soul Bowl was played on Monday, November 9, 2015, at Jackson State University. The Unified Soul Bowl was between archrivals Jackson State University and Alcorn State University. This was an intense matchup between students from both schools partnering with Special Olympics athletes from the Pearl River Region (JSU) and Vicksburg areas (ASU). It was a great event that everyone enjoyed and is looking forward to participating for years to come. The game was a nail biter that came down to the final minutes with Alcorn Unified Braves scoring a late touchdown and prevailing with a 37-29 victory. Coach Knight from Jackson State University truly enjoyed it, and is looking forward to coaching his JSU Unified Tigers to a victory next year. The Pearl River Region had the following athletes and staff to participate in this event: S. Banks, W. Turnage and W. Cochran, James Randolph (Assistant Coach/Offensive Coordinator) and Calvert Sims Jr. (Assistant Coach/Defensive Coordinator). W. Turnage played quarterback for the JSU team, and he threw for 3 touchdowns on the night. S. Banks and W. Cochran were defensive backs and they combined to assist on 12 defensive stops on the night. Warren Cochran recorded 1 sack and S. Banks had 1 pass deflection on the night. It was a great game, and they truly enjoyed themselves despite losing the game to the Braves. I would like to thank Boswell Regional Center, Boswell Industries, Krystal and Wal-Mart for allowing these individuals to participate in this event.



Dream Extreme Thanksgiving

On Thursday, November 12, 2015, Dream Extreme had their annual Thanksgiving lunch. Beginning on Tuesday, November 10, the afternoon class began preparing some of the meal. Several members of both the AM and PM classes came on Wednesday, November 11, and helped prepare the rest of the meal. On Thursday morning, the final touches were put together. The tables were set, the food was displayed, and everyone anxiously awaited the meal. Several members of the classes took turns blessing the meal. The Thanksgiving meal consisted of turkey, ham, collard greens, giblet gravy, dressing, chicken and dumplings, green beans, corn, homemade macaroni and cheese, cornbread, and rolls. For dessert, they had a choice of pecan pie, chocolate cake, sweet potato pie or banana pudding.

Afterwards, everyone stated that they really enjoyed the meal and were full! Some of the members of the classes assisted in cleaning up the dishes and kitchen once the meal was over. All food was prepared with the assistance of members of both the AM and PM classes.



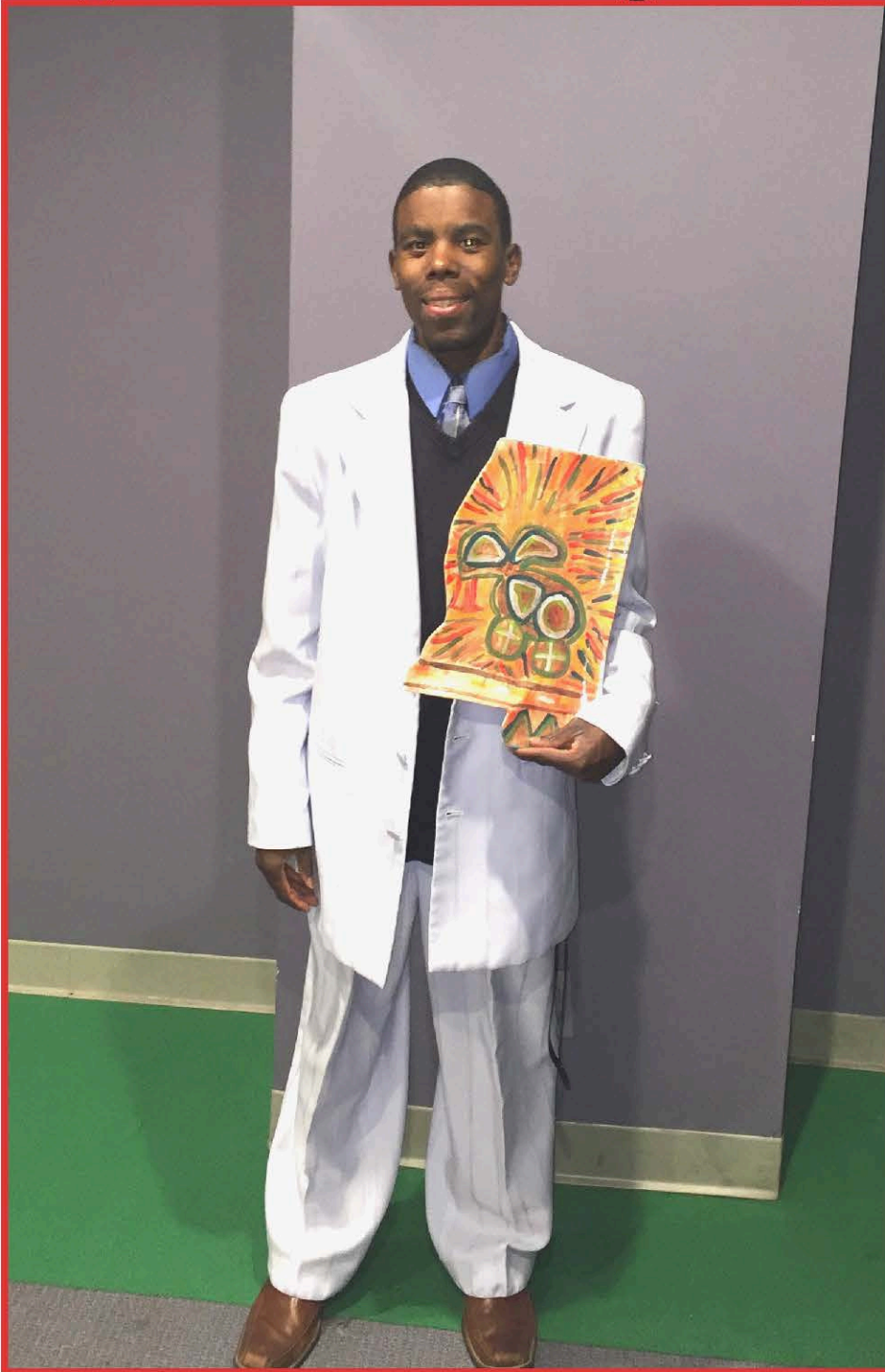
MAC Thanksgiving

On Friday, November 20, 2015, the individuals and staff enjoyed a Pre-Thanksgiving Celebration with all the trimmings. MAC's Dietary department provided a delicious meal which consisted of turkey, ham, dressing, gravy, sweet potato casserole, baked potato casserole, macaroni and cheese, green beans, mixed vegetables, deviled eggs, rolls and a variety of cakes to please anyone. Everyone enjoyed the fellowship and the celebration.



Special Olympics Gala

Calvert Sims, Jr.



Every athlete deserves a shot at revealing the champion inside them. Our annual Countdown to Victory fundraising gala, presented by Mississippi Sports Medicine and Orthopedic Center, honors the accomplishments of more than 4,000 athletes across the state who compete year-around locally, regionally and even on an international scale. At the Countdown, we also recognize the volunteer and donor community that supports these champions. As a volunteer-driven organization, we rely on hundreds of volunteers statewide who support our program events with their own talents, from coaching to organizing and much more. This event was held on Thursday, December 10th at the MS Sports Hall of Fame in Jackson, MS. Mr. W. Turnage from the Pearl River Region was selected as the 2015 Male Athlete of the Year for the MS Special Olympics. Mr. Turnage loves to compete. He gives it his all then has a positive attitude regardless if he wins or loses. He is a great example of the Special Olympics Oath. Here are some of Mr. Turnage's accomplishments this past year. He won the gold in the State Basketball 5 on 5 competition. He was a gold medal winner on the Unified Volleyball team at Summer Games. He won bronze at the Unified Softball Tournament, and he brought home the silver as a member of the

Mississippi Unified Warriors in the North America Unified Softball Tournament held in Wichita, Kansas. He participated in the first annual Soul Bowl for the Unified Jackson State University Tigers. Mr. Turnage was the quarterback, and he threw for 3 touchdowns; but they fell to arch rival Alcorn State University 37-29.

Magee Elementary School



On Friday, December 11th, the Magee Elementary show choir enjoyed a day of singing Christmas carols in town. They sang at the Magee Civic Center for the annual Christmas Luncheon for the Mayor and city employees. They also sang at Hillcrest Nursing Home, as well as, Priority One Bank and Trustmark Bank. They ended their day by singing for Boswells Day Center, "Dream Makers." The individuals were so happy to see the children singing. They sang along with the show choir and had the best time. It's such a joy to be able to share the joy of Christmas with the citizen's of Magee. The show choir had a wonderful time. Merry Christmas from Magee Elementary show choir.

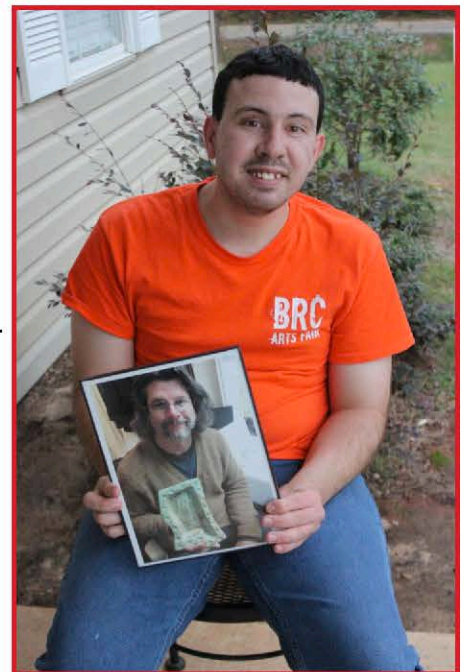
Pieces of the Heart

By: Peggy Kelly



While some of the individuals served by Boswell did not physically go outside the US borders, pieces of their creativity did. As a thank you for kindnesses shown to others, two pieces of artwork in the ceramics program made by a couple of our Day Service participants were shipped to Scotland where they are now in the hands of two other artists, Ron D. Moore and his wife, Terry Dresbach.

Moore, a multiple award winner (Emmy and Hugo awards included) and movie producer, responded with a photo of himself with his gift for creator, T. Terrebone. Moore has such credits in his filmography as Star Trek: The Next Generation, Star Trek: Deep Space Nine, Carnivale, Battlestar Galactica, and Outlander. Moore and his wife, Terry Dresbach, who



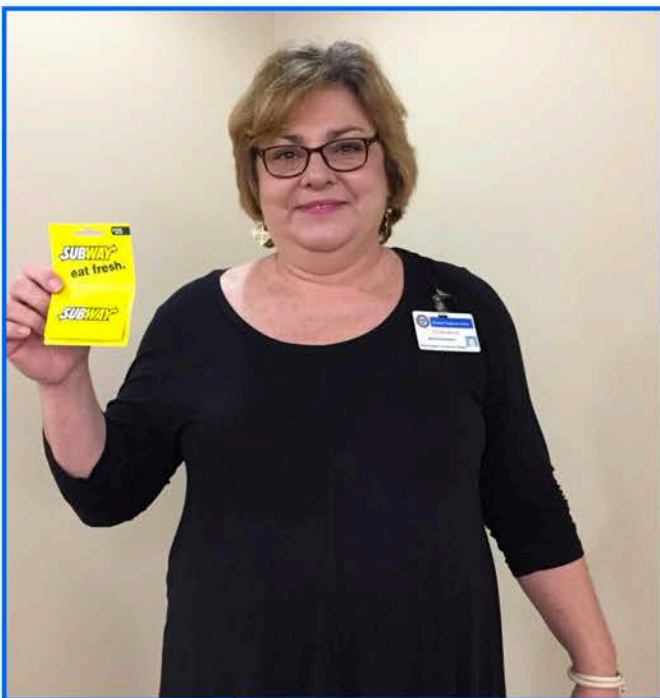
is also the Costume Designer for Outlander, are now spending much of their time living in Scotland. Dresbach also sent a 'thanks' to her piece's artist, T. Cliburn. Sometimes you just never know where a chunk of Mississippi creativity and heart will go.

Mississippi APSE

The Mississippi Association for Persons in Supported Employment (APSE) honored Boswell Employment Services with the Best Practice Award at their state conference held on the Mississippi Gulf Coast November 12-13. The award recognizes exceptional performance in supported employment options and opportunities for people with developmental disabilities. Along with other awards presented, Wal-Mart in Magee was recognized as Employer of the Year for providing employment opportunities and continued support for individuals in the Employment Services programs.



National Diabetes Awareness



November was National Diabetes Awareness month. Boswell Regional Center's Wellness Committee hosted a webinar entitled "The Low Down on Diabetes" which was sponsored by ActiveHealth Management. According to the Centers for Disease Control and Prevention (CDC), it is estimated that 29.1 million Americans have diabetes. That means that 1 in every 11 people has diabetes. There are over 290,000 adults in Mississippi who are estimated to have been diagnosed with diabetes. Diabetes can be treated and managed by healthy eating, regular physical activity, and medications to lower blood glucose levels. Failure to manage diabetes can lead to heart disease and stroke, blindness and eye problems, kidney disease, amputations, nerve disease, mouth and gum disease, and other complications. Mississippi has the third highest prevalence of diabetes in the country.

Congratulations to Cindy Quick for winning the \$25 gift card to Subway.

Perry Closes on a House



Many Americans have the goal of purchasing a home of their own one day. On December 16, 2015, Perry Williams realized that goal. Perry has been in Boswell Regional Center's Community Supports program for 20 years. He has always rented at Magee Apartments, Magee-Raleigh Annex, and most recently Hankins Apartments. While living at Hankins, Perry decided he would rather use the money he paid for rent to purchase a home. He looked around, and there was a house to buy down the street from the apartment he was renting. Perry discussed it with Shan Crumpton, his Community Supports Specialist. After many discussions with BRC

Director Mr. Allen, Mr. Britt, and Priority One Bank Personnel about Perry's finances, Perry began the process of purchasing the home in August of 2015. After months of appointments and e-mails with Priority One Bank's loan department, Perry closed on his house on December 16, 2015. Perry is the first person who gets support from Boswell's programs to purchase a home.



Awards at Corinth Party



Supervised Living-Citizenship Award - R. Clark



Most Improved- A.Rose



Supported Living Citizenship Award— J. Bennett



Most Dependable- P. Settlemire

Awards at Corinth Party continued



T. Spells



Most Dependable
J. Johnson



S. Banks



Most Improved-R. McGill



Nadia Posey
Supported Living Employee of the Year



Brenda Cooley
Supervised Living Employee of the Year

Randy Bethany



Here's just one more reason why he is Supported Employee of the Year. Randy Bethany brought in 2 boxes of Stove Top Stuffing, 2 canned foods, 2 bags of dried beans, a big bag of candy, and a big bag of individual bags of cookies for the sake of the food drive. He has told me all week he was wanting to bring food for the food drive. I told him he surely didn't have to, but he insisted he wanted to! I don't know if all of the food he brought is non-perishable or not, but what a kind gesture for him to give from the heart!

Pastor's Corner

Can This Be Christmas
What's all this hectic rush and worry?
Where go these crowds who run and hurry?
Why all the lights -- the Christmas trees?
The jolly "fat man," tell me please!
Why, don't you know? This is the day
For parties and for fun and play;
Why this is Christmas!
So this is Christmas, do you say?
But where is Christ this Christmas day?
Has He been lost among the throng?
His voice drowned out by empty song?
No. He's not here -- you'll find Him where
Some humble soul now kneels in prayer,
Who knows the Christ of Christmas.
But see the many aimless thousands
Who gather on this Christmas Day,
Whose hearts have never yet been opened,
Or said to Him, "Come in to stay."
In countless homes the candles burning,
In countless hearts expectant yearning
For gifts and presents, food and fun,
And laughter till the day is done.
But not a tear of grief or sorrow
For Him so poor He had to borrow
A crib, a colt, a boat, a bed
Where He could lay His weary head.
I'm tired of all this empty celebration,
Of feasting, drinking, recreation;
I'll go instead to Calvary.
And there I'll kneel with those who know
The meaning of that manger low,
And find the Christ -- this Christmas.
I leap by faith across the years
To that great day when He appears
The second time, to rule and reign,
To end all sorrow, death, and pain.
In endless bliss we then shall dwell
With Him who saved our souls from hell,
And worship Christ -- not Christmas!
Written by M. R. DeHaan, M.D.
*Remember Christ this Christmas after all
it's his birthday we will celebrate.*
Have a blessed day, Bro. Rudy



**Bro. Rudy Jackson,
BRC Chaplain**

Mission Statement

**Boswell Regional Center
Offers specialized program
options to Mississippians with
Intellectual and
Developmental Disabilities.
These programs are designed
to identify the necessary
supports for successful
community transition.
With collaboration between
the person, family, and
community, dreams can
become reality.**

*Where Dreams Can
Become Reality*

Winner!

Keila Kiner of BRC Community Services was winner of the Legal Shield drawing for tablet.



Governor's Service Award



Boswell Regional Center employees receive Governor's service awards in recognition of a total of 30 years of state service. They were recognized for the dedication to BRC at the November Directors' Meeting. Pictured are Cassie Bynum (20yrs) and Jennifer Purvis (10yrs). Congratulations!

BRC November EOM's

During the December Directors' Meeting, two employees were recognized for their outstanding services to BRC. Congratulations to Carrie Webb, Psychological Services, and Lana Hall, Community Services. We appreciate your hard work and dedication!



MAC October EOM



During the November Directors' Meeting, Mississippi Adolescent Center recognized Employee of the Month for October. Pictured are left to right: Clarence Smith, recipient and William Gates, Director of MAC. Congratulations, Clarence!

MAC November EOM



Our November 2015, EOM is Melba Fairman. She is a Client Care Support Staff in our Dietary Department. She has been employed with MAC since March 20, 2006. Prior to that she was employed at the Brookhaven ICF/MR Group Homes with BRC.

TIP

Tis The Season



For Holiday Scams

The holiday season can be the most wonderful time of year for cyber criminals. Here are 5 Top Holiday Scams to be aware of:

1. **Black Friday/Cyber Monday Specials**

This time of year, online scams use a variety of lures to get unsuspecting buyers to click on links or open attachments. Bad guys build complete copies of well-known sites, send emails promoting great deals, sell products and take credit card information – but never deliver the goods. Sites that seem to have incredible discounts should be a red flag. Remember that when a "special offer" is too good to be true, it usually is. For instance, never click on links in emails or popups with very deep discount offers for watches, phones or tablets. Go to the website yourself through your browser and check if that offer is legit.

2. **Complimentary Vouchers or Gift Cards**

A popular holiday scam is big discounts on gift cards. Don't fall for offers from retailers or social media posts that offer phony vouchers or (Starbucks) gift cards paired with special promotions or contests. Some posts or emails even appear to be shared by a friend (who may have been hacked). Develop a healthy dose of skepticism and "Think Before You Click" on offers or attachments with any gift cards or vouchers!

3. **Bogus Shipping Notices From UPS and FedEx**

You are going to see emails supposedly from UPS and FedEx in your inbox that claim your package has a problem and/or could not be delivered. Many of these are phishing attacks that try to make you click on a link or open an attachment. However, what happens when you do that is that your computer gets infected with a virus or even ransomware which holds all your files hostage until you pay 500 dollars in ransom.

4. **Holiday Refund Scams**

These emails seem to come from retail chains or e-commerce companies such as Amazon or eBay claiming there's a "wrong transaction" and prompt you to click the refund link. However, when you do that and are asked to fill out a form, the personal information you give out will be sold to cyber criminals who use it against you. Oh, and never, never, never pay online with a debit card, only use credit cards. Why? if the debit card gets compromised, the bad guys can empty your bank account quickly.

5. **Phishing on the Dark Side**

A new phishing email has begun circulating that tricks people into thinking they could win movie tickets for the highly-anticipated film, "Star Wars: The Force Awakens," due out on Dec. 18. However, the email is a phishing attack. Leading up to the film's release, and shortly after, you need to watch out for this social engineering attack and not fall for the scam. Stay safe online!

BONUS TIP: Never use an insecure public Wi-Fi to shop with your credit card. Only shop with a secure connection at home.

IT Tip

New Devices

New devices are a big part of the holiday season. Whether it's a smartphone, laptop, desktop, tablet, or another device, check out the below tips to help protect your new technology and secure your personal data.

1. **Configure your device with security in mind.** The “out-of-the-box” configurations of many devices and system components are default settings often geared more toward ease-of-use than security or protecting your information. Enable security settings on your device, and as you install software and apps, pay particular attention to those that control information sharing.
2. **Lock the device.** Locking your device with a strong PIN or password makes unauthorized access to your information more difficult. *Passwords are more secure than PINs.* If you have an Android device and want to use a lock screen pattern, make sure the pattern includes at least 7 points and doubles back over itself (e.g. at least 2 turns). If you use the fingerprint lock, remember that if your device is lost or stolen, you can't change or replace your fingerprints, like you can a password or PIN. So be careful with your device and make extra sure to protect your biometric information. Additionally, make sure that your device automatically locks after a period of inactivity – preferably between 30 seconds and two minutes. This way, if you misplace your device, you minimize the opportunity for someone to access your personal information.
3. **Regularly apply updates.** Manufacturers and application developers update their code to fix weaknesses and push out the updates and patches. Enable settings to automatically apply these patches to ensure that you're fixing the identified weaknesses in the applications, especially your operating system, web browser, and apps.
4. **Install antivirus software.** Install antivirus software if it is available for your device and enable automatic updating of the antivirus software to incorporate the most recently identified threats.
5. **Disable unwanted and unneeded services.** Capabilities such as Bluetooth, network connections and Near Field Communications provide ease and convenience in using your smartphone. They can also provide an easy way for a nearby, unauthorized user to gain access to your data. Turn these features off when they are not needed. Also consider disabling or uninstalling other features or apps that you no longer use.
6. **Be careful downloading apps.** Apps provide a lot of wonderful capabilities for your device, but they are also a common way that malicious actors disseminate malware or gather information about you. Always make sure you trust the app provider and download the app from the Google Play Store, Apple's App Store, or other trusted source, as they proactively remove known malicious apps to protect users. Be proactive and make sure that you read the privacy statement, review permissions, check the app reviews, and look online to see if any security company has identified the app as malicious.
7. **Enable encryption.** Encryption makes it hard for attackers who have gained access to your device to obtain access to your information. Turn on encryption features.
8. **Maintain your device's security.** Remember that setting your device to be secure is great, but you have to keep those settings, as well. It may be tempting to do away with some of the security, such as a lock screen password, or allowing the settings to change when you get an app update, but that puts your device and information at risk.
9. By using caution and following these tips, you can help secure your new device and protect your information.

ActiveYou

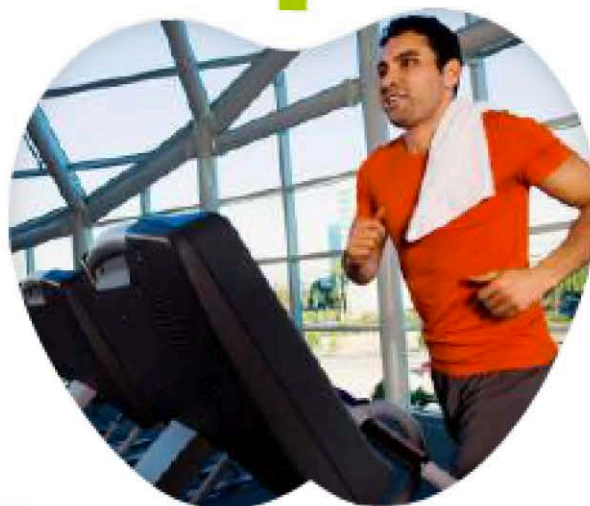
The ActiveHealth® newsletter that helps you live healthy and well

NOVEMBER 2015

Focusing on men's health

For today's man, "success" can take many different forms. For some men, it means spending less time at work and more time with family. For others, it means finding their passion—and following it. But many men will tell you that nothing is as important as their good health. It's the key to reaching all of the goals they have set for themselves.

So what's the best way to start looking out for your own health? Here are 4 "man tips" for healthy living. You may want to start with just one of them, and then try another one when you're ready.

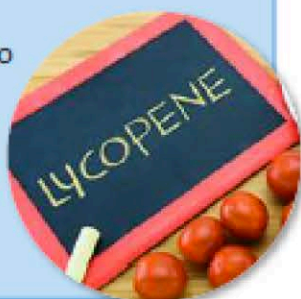


4 ways to take charge of your health

- Try to **make healthy choices** every day. Be active, eat a healthy diet and stay at a healthy weight. Drink alcohol in small amounts or not at all, and don't smoke.
- Talk to your doctor about **screening tests**. They can help find diseases early, when they're easiest to treat.
- **Know your prescriptions**. Make sure to tell your doctor about any medicines you are taking. Your doctor should also know if you have allergies, and why you are taking the medicine being prescribed.
- **Be proactive**. Once you've learned as much as you can about your condition, you and your doctor can choose what to do next. Look at the benefits and risks of each treatment for your condition.

Protecting the prostate

Ever hear of lycopene? It's a natural plant pigment that may help to reduce the risk of prostate cancer. A great source of lycopene is any tomato product. You might want to think about adding some tomato paste, tomato puree, or stewed tomatoes to your favorite recipes. It's a great way to help protect your prostate!



Upcoming events

Motivating Mississippi Wellness Webinar Series

The Lowdown on Diabetes

Tuesday, November 10 at 9:30 AM or 1:30 PM

[Motivating Mississippi Wellness Webinars](#)

POSITIONS AVAILABLE
(Magee, Brookhaven, New Hebron
and Shivers)

Direct Support Professionals are needed
for all shifts and locations.

If you believe that helping people
matters, then we need you at BRC!

For more information contact:

Human Resources
601-867-5000 Ext. 75079

P. O. Box 128
Magee, MS 39111



Boswell Regional Center

Where dreams can become reality.

Mission Statement

Boswell Regional Center (BRC) offers specialized program options to Mississippians with Intellectual and Developmental Disabilities (IDD). These programs are designed to identify the necessary supports for successful community transition. With collaboration between the person, family, and community, dreams can become reality.

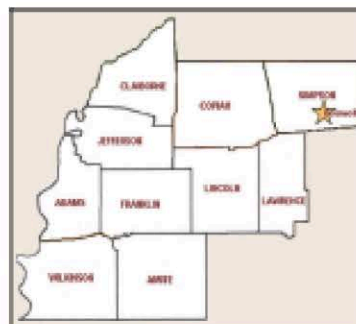
Programs

Boswell Regional Center programs offer an extensive range of program and service options to those with Intellectual and Developmental Disabilities (IDD). The primary goal of each existing program using a person centered approach is to allow each person to live more independently and to fulfill their lives through meaningful days.

Programs and services offered through BRC include:

Community Options:

- In Home Services
- Community Living
- Crisis Transition Homes
- Employment Opportunities
 - Day Options
 - Behavior Services
 - Autism Services



Campus Options:

On Campus Residential Services

On Site Day Programs

Membership Information

Indicate at right which type of membership you wish by circling the appropriate amount.

Name: _____

Address: _____

City: _____

State: _____

Zip Code: _____

Phone: _____

Email: _____

Please make your check payable to:
Friends & Family Association
P.O. Box 128
Magee, MS 39111

Annual Membership Fees

Single/BRC Employee - Free

Single/Non-employee \$5

Bronze \$25

Silver \$50

Gold \$100

Platinum \$500

Fundraisers

Some examples of fundraisers that have been held are:

Scrub Sales

Jewelry Sales

Book Fairs

RADA Knives

T-shirt Sales

Special Hosted Events

Purpose

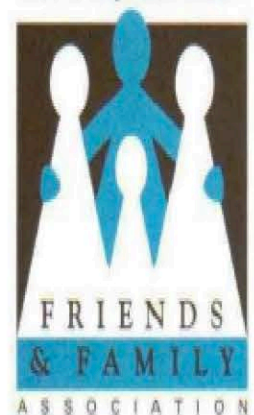
To promote and support the individuals of Boswell Regional Center

To foster the development of programs on their behalf

To recognize and reward the efforts of employees of Boswell Regional Center

To raise and receive funds for the accomplishment of the above purposes.

Boswell Regional Center's



Boswell Regional Center

Boswell Regional Center
Post Office Box 128
Magee, MS 39111
Telephone: 601-867-5000
www.brc.state.ms.us

A MS Department of Mental Health Facility



Boswell Regional Center's Friends & Family Association is a non profit all volunteer organization that works to ensure Boswell individuals are valued and loved.

All monies received from memberships are donated to the organization to purchase items for the individuals served by Boswell Regional Center.

Donations

Donations may be made in memory or honor of a loved one:

In Memory of _____

In Honor of _____

By: _____

Acknowledgement should be sent to the following:

Name: _____

Address: _____

State: ___ Zip Code: _____

Phone: (___) _____

Email: _____

Boswell Regional Center

**Friends & Family Association
P.O. Box 128
Magee, MS 39111**

**Boswell
Regional
Center
Friends and
Family
Association**



*Where Dreams Can
Become Reality!*