



Boswell Regional Center Bulletin

July 2017

A Publication for Employees, Family and Friends of BRC

Journey Skyward

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The publication of the BRC Bulletin is made possible by contributions from our dedicated and talented employees. The articles and pictures were written, taken and formatted by BRC employees. Their contributions are greatly appreciated! We sincerely hope that you enjoy this edition of the Boswell Regional Center Bulletin, July 2017 Issue.

Journey Skyward was successful again this year! John Bell Williams Field in Raymond, MS, was the place to be on July 22nd. The ARC of MS hosted this amazing event for ones with Intellectual and Developmental Disabilities. Everyone was excited about flying; the smiles on their faces simply reflect their elation. Journey Skyward is held in collaboration with cyclists on their "Journey of Hope." The cyclists ride from coast to coast raising awareness of Intellectual and Developmental Disabilities. A BIG thanks to the ARC of MS again this year for making many dreams a reality.

Rutledge Appointed to Board of Mental Health



Stewart Rutledge of Oxford has been appointed to the Mississippi Board of Mental Health by Governor Phil Bryant. Mr. Rutledge is a real estate developer who will serve as the citizen representative for the First Congressional District for a seven-year term beginning July 1.

Mr. Rutledge earned a bachelor's degree in physics, summa cum laude, from the University of Mississippi, enrolled in the University of Mississippi Medical School, but instead decided to attend the University of Mississippi Law School, from which he also graduated with honors. Mr. Rutledge is also a family member of a person who receives mental health services.

Mr. Rutledge was previously appointed by Governor Haley Barbour to serve as Chairman of the Mississippi Juvenile Justice Advisory Committee, and he served on the Mississippi Supreme Court's Commission on Juveniles, both of which aimed to ensure proper treatment of juveniles coming into contact with the judicial system. Mr. Rutledge also served as Mississippi's representative on the

Federal Advisory Committee on Juvenile Justice in Washington, D.C.

Additionally, Secretary of State Hosemann selected Mr. Rutledge to serve in an advisory capacity on a committee exploring Mississippi's business laws and their relationship to emerging technology. Mr. Rutledge served as Board Member and General Counsel for the Mississippi Freedom 50th, advising Congressman Bennie Thompson and Justice Reuben Anderson in efforts to commemorate the 50th Anniversary of the Freedom Riders.

Prior to his work as a real estate developer, Mr. Rutledge served as Corporate Counsel to Sta-Home Healthcare, Mississippi's largest Home Health provider. Although he maintains his law license, Mr. Rutledge's primary work now is in real estate development, with a focus on developing affordable housing. Mr. Rutledge's company has developed numerous communities across several states, and two of his communities in Mississippi were recently awarded as the best affordable housing communities in the nation in consecutive years.

Mr. Rutledge has had numerous works on a variety of subjects published in newspapers, magazines, and law journals. He has a wife and two young boys, one and two, and they reside in Oxford.

The governing board of the Mississippi Department of Mental Health, the Board of Mental Health is composed of nine members appointed by the governor of Mississippi and confirmed by the state Senate. Members' terms are staggered to ensure continuity of quality care and professional oversight of services. By statute, the nine-member board is composed of a physician, a psychiatrist, a clinical psychologist, a social worker with experience in the field of mental health, and one citizen representative from each of Mississippi's five congressional districts (as existed in 1974).

Spotlight on Peggy Kelly



Years of Service: 5+ years (since Nov. 2011)

Resides: Pinola

Favorite Color: Purple

Favorite Team: University of Kentucky – The Kelly Family bleeds Blue!

Favorite Food: Cincinnati Chili

Favorite Restaurant: None – home cooking instead

Favorite Vacation Spot: Ireland/Scotland

Favorite Music: Classic Rock

Favorite Song: Too many favorites to pick just one

Favorite Movie: Hello Dolly!

Favorite Hobby: Reading

The Kelly Family (Peggy and her husband, Dennis, with their 3 children (Sean, Patrick, and Katie) are transplants from Northern Kentucky and have lived in Mississippi for about 15 years. Peggy has been a teacher for over 20 years. She has also been an editor for several publishing houses, a writer/journalist, and a photographer. Besides enjoying cooking, the entire family loves reading, and are technology buffs.

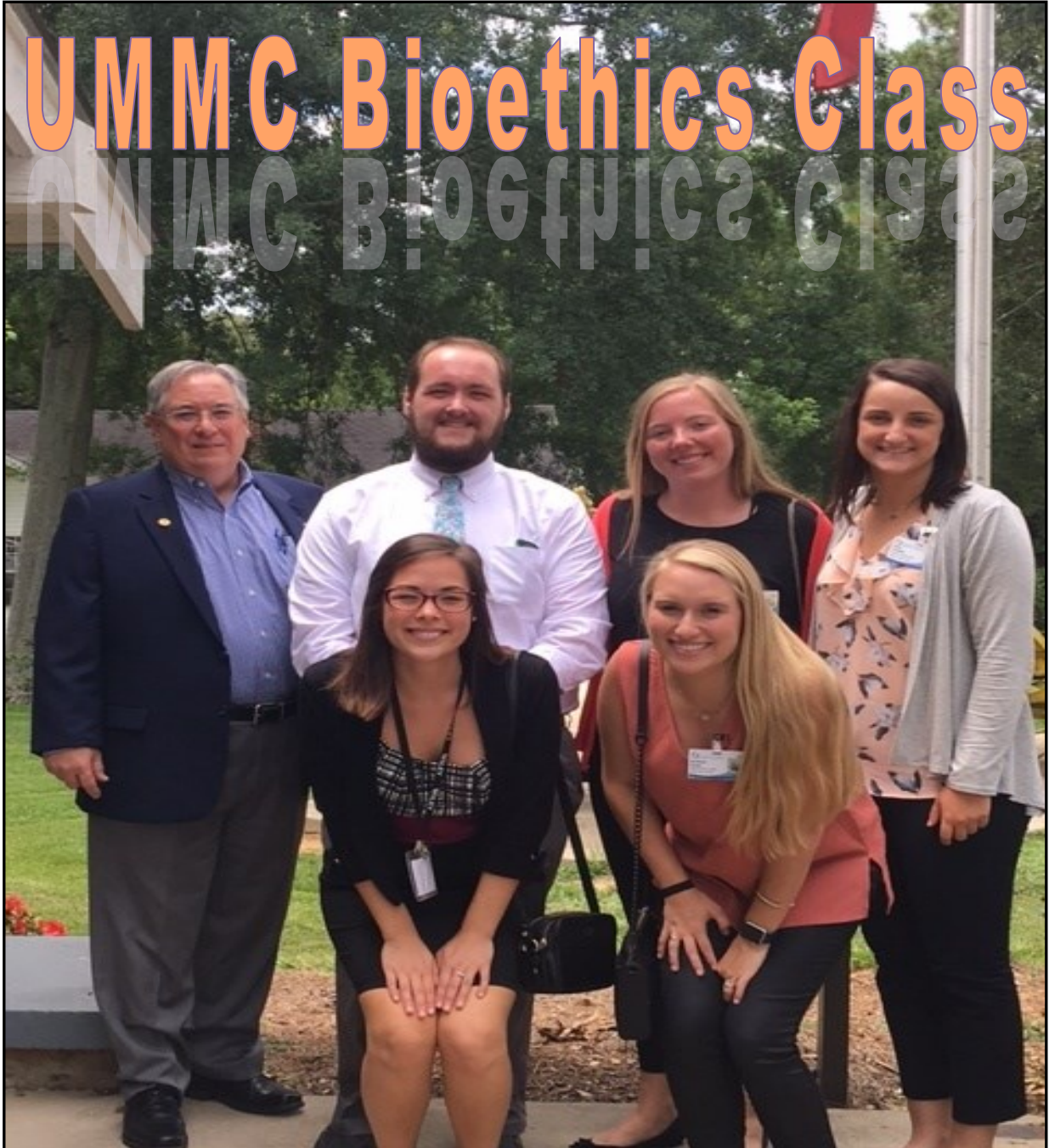
Meet Charles "Chuck" Noble

Years of Service: 3 Years (Since March 3, 2014)
Resides: Saratoga
Favorite Color: Purple
Favorite Team: Pittsburg Steelers
Favorite Food: Hamburger and salad
Favorite Restaurant: Burger King (Whopper)
Favorite Vacation Spot: Home
Favorite Music: Classic Rock / 80s and 90s Country
Favorite Song: "This Killing Time is Killing Me" by Clint Black
Favorite Movie: Red October
Favorite Hobby: Bream and Bass Fishing



Chuck graduated from Northeast Jones High School, Jones County Junior College, and Southern Mississippi. He is married to Becky Foster, and they celebrated their 11th wedding anniversary on July 15th. He has two step-sons, Justin and Jon, and one grandson, Hunter.

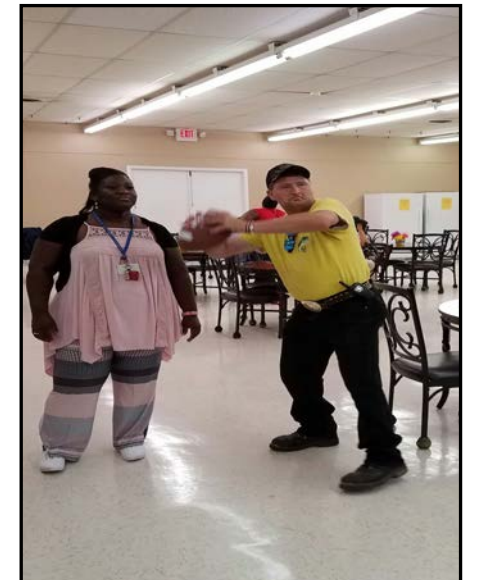
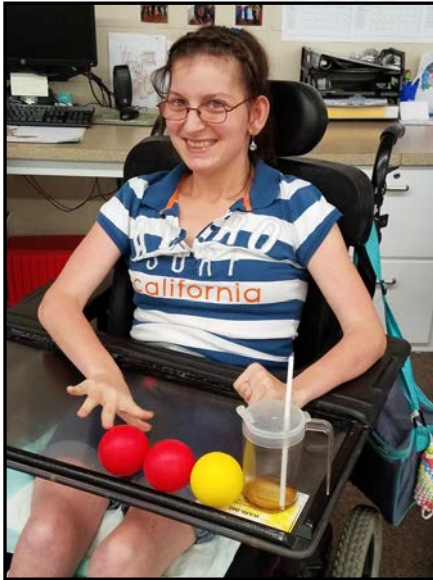
Chuck worked in the poultry industry for most of his life, but says, "Boswell is the most rewarding place I have ever worked. While I'm not crazy about all the paperwork we have to do, I love interacting and building relationships with our Individuals." After returning from their daily programs, he spends the rest of the day with the individuals.



UMMC Center for Bioethics Summer Fellowship VDT Training

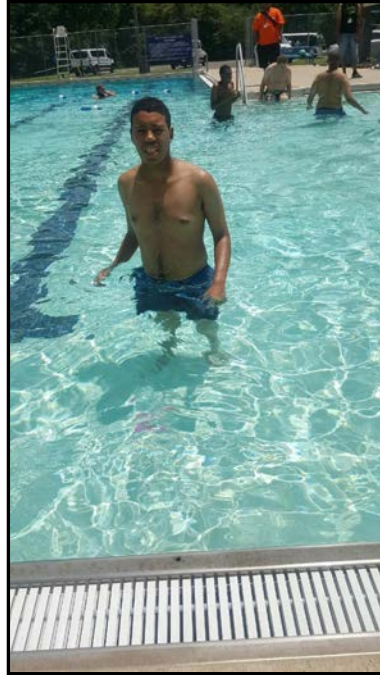
On July 12, 2017, Kathy Van Cleve, Division of Alzheimer’s Disease and Dementia, and Boswell Regional Center hosted The University of Mississippi Medical Center students and their professor, Dr. Ralph Didlake. They began the morning with the Virtual Dementia Tour. Then, they visited Pinelake Geriatric Unit , Boswell Industries and ended the day touring Dream Extreme Day Services. Boswell Regional Center is honored to offer tours to enlighten and educate people about Mental Health and other diagnoses.

Dream Extreme Fun Day



On Wednesday, July 12th, Dream Extreme participants celebrated the 4th of July Holiday, as well as, the summer with a cookout and a day filled with fun & activities. Everyone enjoyed grilled hamburgers, baked beans, potato salad, ice cream sandwiches and sugar free ice cream cups. The individuals and staff enjoyed playing games such as; Ping Pong, Football Toss, Bean Bag Toss, Yard Darts & Corn Hole. Some of the individuals helped with the preparation of the food and setting up the games. Mr. Ashley, BRC Director, and Mr. Grimes, Administration, stopped by and participated in activities with the individuals. Thanks to recreation staff (Jamie, Lauren & Ranni) for bringing games and helping with activities.

Trying to Cool Off



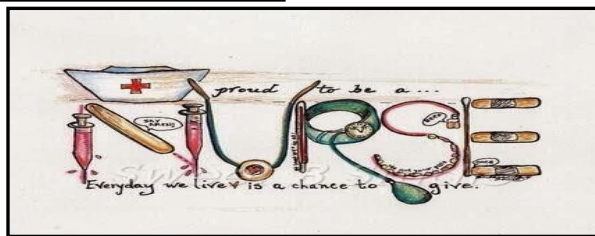
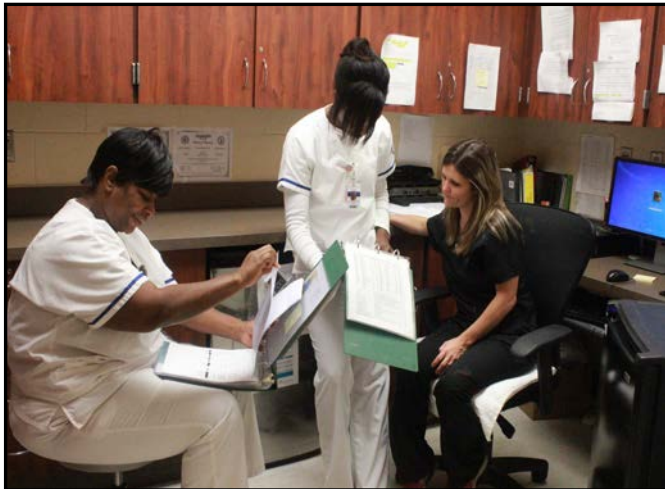
What better way to cool off?! Take a dip in the pool, visit Geyser Falls, and enjoy snow cones on a sunny day. Boswell Regional Center and Mississippi Adolescent Center love refreshing trips to cool off during the hot summer months. Everyone enjoyed themselves as you can visualize by the pictures above.

Sassy Glass Visit



Boswell Industries is constantly busy with activities and community visits. This particular visit was full of excitement! Some of the participants toured Sassy Glass Design, a business that opened last year in downtown Magee, MS. Everyone enjoyed decorating their very own picture frame. Selecting the color, gems, and frame size was amazing. It's fun to be a little "Sassy" at times, so if you're in the downtown area of Magee, stop in and create your own frame.

Co-Lin Nurses Visit BRC



Boswell Regional Center was honored again this year with a visit from a group of Copiah Lincoln Community College Nursing Students on July 11th. The experience gives them an overview of their expectations upon graduation. The nursing students were assigned to a unit to begin their outlook of clinical aspects. Everyone enjoyed the hands on experience, and they are looking forward to becoming the best nurses they can be. Boswell Regional Center is appreciative of the relationship established between the Simpson County Copiah Lincoln Campus and their leadership. BRC looks forward to continuous events and visits.

Expressive Arts Choir Banquet

By: Claire Bevell

Each June, the Expressive Hearts Choir celebrates another successful year of service to our community. We also celebrate our friendship, fun, and sense of family. We honor each other's progress, growth, and achievements with a banquet and award ceremony. Our banquet this year was held on June 29 at Salem Opryhouse Restaurant in Collins, MS with the award ceremony following at Boswell's Day Habilitation Services at Connections. This year, we celebrated the performance of nine choir concerts at the following churches: Westminster Presbyterian Church in Hattiesburg, Stringer Baptist Church, Main Street Baptist Church in Mendenhall, Wesson Baptist Church, Strong River Baptist Church, Corinth Baptist Church, Kennedy Springs Baptist Church, Shiloh Missionary Baptist in Mt. Olive, and Boswell's Good Friday Service in the auditorium. We were also represented by D. Jackson who performed four songs in our place in March at the Goodwill Art Exhibit at Jackson Prep High School. The choir rehearses 1 ½ hours each Monday evening; the choir trips average 5-6 hours of our time, and we also have quarterly social events. So this group spends an estimated time of 218 hours together each year, which has bonded our hearts, abilities, and voices into an amazing group over the past 7 ½ years. Not surprisingly, overall, the choir operates like a well-oiled machine, an experienced team, and a loving family. The staff members, as well as the choir members, enjoy the benefits of this organization.

The choir has nine faithful staff members who serve the choir with many hours of loving attention. Five of these staff members rehearse nearly every week. During the awards ceremony this year, the choir members were given the opportunity to speak sweet, affirming words of appreciation for their choir support staff which include Robin Moss, Kerri East, Roxie Weathersby, Lonja Brown, Jacob Ware, Kay Adcox, Ken Hammons, and Bea Mikell. These words were precious and highlighted the evening for all of us. We especially wanted to let Ms. Bea know how much her years of service had meant to all of us as she brings her contract service to a close. We are not sure how we can possibly manage without her.

The ceremony typically includes not only awards and words of praise, but also a challenge given by the outgoing president (Roger Townes), and a pledge of service taken by all the members, led by the new president (Wendy Bunt). We also enjoy a terrific slide show of the year's activities designed by Jacob Ware, our talented accompanist. Also at our awards ceremony, we always reveal the much anticipated new slate of choir officers, elected in secret ballot by the choir members several weeks before. We end our celebration by singing one of our favorite songs. This year we sang a song that is especially meaningful to our choir members, "He Knows My Name", based on Psalm 139.



I have a Maker. He formed my heart.
Before even time began, my life was in His hands.
He knows my name. He knows my every thought.
He sees each tear that falls, and hears me when I call.



I have a Father. He calls me His own.
He'll never leave me, no matter where I go.
He knows my name. He knows my every thought.
He sees each tear that falls, and hears me when I call.



2016-2017 BRC Expressive Arts Choir Members



2016-2017 BRC Choir Officers



J. Howard– Choir Member of the Year Award

BRC Orientation Classes



June 1st Orientation Class, Back Row Left to Right: Jessica Curry (OakPlace), Shelia Bryant (Community Services), Malaka Walker (CS Broadhead), Desierea Ball (CS Broadhead)
Front Row Left to Right: Brittany Pegram (Pinelake), Octavia Williams (Ridgeview), Khadijah Lott (Magee Autism), Katie Page (Pinelake)



June 16th Orientation Class, Back Row Left to Right: Darius Brown (Ridgeview), Takamein McNair (Fairway), Gregory Chapman (Security), Austin Keys (Pinelake)
Front Row Left to Right: Savannah King (Pinelake), Jenny Hawkins (Cedar Crest), Madison Jackson (Pinelake)

Governor's Service Award



Employees receive Governor's Service Awards in recognition of a total of 70 years of state service. **Pictured Left to Right:** Richetta Durr (20yrs), Valerie Willis (20yrs), Cora Anderson, MAC (20yrs) and Lisa Hill (10yrs) were recognized for their dedication to Boswell Regional Center and Mississippi Adolescent Center at the July Directors' Meeting. Congratulations to each of you!

BRC EOM



During the July Directors' Meeting, Boswell Regional Center recognized Employees of the Month in the area of support/professional staff. Employees of the Month for June are Raven Rhodes, Community; Wilson Thames, Ridgeview; MaShonda McDonald, Magee Autism Services; and Phyllis Enoch, Magee Autism Services. Congratulations to each of you!

MAC Quarterly EOM



Lonnie Baggett was named Employee of the Quarter for Mississippi Adolescent Center. Mr. Baggett is a Mental Health Technician on A shift. Congratulations!

Pastor's Corner



**Bro. Rudy Jackson,
BRC Chaplain**

Finding Contentment

Francis Jane [Fanny] Crosby wrote more than 9,000 hymns, some of which are among the most popular in every Christian denomination. And, for most people, the most remarkable thing about her was that she had done so in spite of her blindness.

One well-meaning preacher remarked. "I think it is a great pity that the Master did not give you sight when he showered so many other gifts upon you," Fanny quickly responded, as she had heard such comments before. "Do you know that if at birth I had been able to make one petition, it would have been that I was born blind?" said the poet, who had been able to see only for her first six weeks of life. "Because when I get to heaven, the first face that shall ever gladden my sight will be that of my Savior."

Her love of poetry began at an early age of eight. The first verse she would ever put pen and ink to echoed her lifelong refusal to feel sorry for herself:

"Oh, what a happy soul I am,
Although I cannot see!
I am resolved that in this world
Contented I will be.

How many blessings I enjoy
That other people don't,
To weep and sigh because I'm blind
I cannot, and I won't!"

Mission Statement

Boswell Regional Center offers Specialized program options to Mississippians with Intellectual and Developmental Disabilities. These programs are designed to identify the necessary supports for successful community transition. With collaboration between the individual, family, and community, dreams can become reality.

Where Dreams Can Become Reality

The Apostle Paul had this same mindset when he penned these words in Philippians chapter 4 verses 12 and 13
¹² "I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need.
¹³ I can do all things through Christ which strengtheneth me."

Have a blessed day!

Safety and Security

Gaming Online Safely and Securely

Online games are a great way to have fun; however it also comes with its own set of unique risks. Fortunately there are ways to protect yourself and your family when gaming online.

One of the advantages of online gaming is that you can play and talk with others from all around the world and, usually, you won't even know the people you are playing with. While the vast majority of them are online to have fun just like you, there are those who want to cause harm. Here are some steps you should take to stay secure:

- Be cautious of any messages that ask you to take an action, such as clicking on a link or downloading a file. Just like email phishing attacks, the bad guys will attempt to trick you or otherwise convince you to take actions that can infect your computer or steal your identity. If a message seems odd, urgent or too good to be true, be suspicious that it may be an attack.
- Many online games have their own financial markets where you can buy, trade or barter virtual goods. Just like in the real world there are people who will attempt to steal your money, whether virtual or actual. Deal only with people who have established, trusted reputations.
- Use strong passwords always. This prevents an attacker from simply guessing your password and taking over your account. If your game offers two-step authentication, use it. In addition, don't use the same password for different accounts. That way, if one game is compromised, your other accounts are safe. If you can't remember all your passwords, consider getting a password manager; there are several good ones out there that are free to use.
- Be sure your computer is always running the latest version of the operating system and the gaming software. By keeping these updated you eliminate most of the known vulnerabilities.
- Use anti-virus software always and make sure it is both up-to-date and checking files you run in real time.
- Download gaming software only from trusted sites. Often cyber criminals will create a fake or infected version of the game and distribute it from their own server. Gaming add-on packs can also be infected with malware, so be sure they come only from trusted sites as well and avoid using any add-on that asks you to disable your anti-virus or make changes to your security settings. The same goes for cheat software or websites – they can harbor malware.

The key is to use strong passwords, protect your computer and exercise common sense, especially with odd requests.

POSITIONS AVAILABLE
(Magee, Brookhaven, New Hebron
and Shivers)

Direct Support Professionals are needed
for all shifts and locations.

If you believe that helping people
matters, then we need you at BRC!

For more information contact:

Human Resources
601-867-5000 Ext. 75079

P. O. Box 128
Magee, MS 39111



Boswell Regional Center

Where dreams can become reality.

Mission Statement

Boswell Regional Center (BRC) offers specialized program options to Mississippians with Intellectual and Developmental Disabilities (IDD). These programs are designed to identify the necessary supports for successful community transition. With collaboration between the person, family, and community, dreams can become reality.

Programs

Boswell Regional Center programs offer an extensive range of program and service options to those with Intellectual and Developmental Disabilities (IDD). The primary goal of each existing program using a person centered approach is to allow each person to live more independently and to fulfill their lives through meaningful days.

Programs and services offered through BRC include:

Community Options:

- In Home Services
- Community Living
- Crisis Transition Homes
- Employment Opportunities
 - Day Options
 - Behavior Services
 - Autism Services



Campus Options:

On Campus Residential Services

On Site Day Programs

Membership Information

Indicate at right which type of membership you wish by circling the appropriate amount.

Name: _____

Address: _____

City: _____

State: _____

Zip Code: _____

Phone: _____

Email: _____

Please make your check payable to:
Friends & Family Association
P.O. Box 128
Magee, MS 39111

Annual Membership Fees

Single/BRC Employee - Free

Single/Non-employee \$5

Bronze \$25

Silver \$50

Gold \$100

Platinum \$500

Fundraisers

Some examples of fundraisers that have been held are:

Scrub Sales

Jewelry Sales

Book Fairs

RADA Knives

T-shirt Sales

Special Hosted Events

Purpose

To promote and support the individuals of Boswell Regional Center

To foster the development of programs on their behalf

To recognize and reward the efforts of employees of Boswell Regional Center

To raise and receive funds for the accomplishment of the above purposes.

Boswell Regional Center's



Boswell Regional Center

Boswell Regional Center

Post Office Box 128

Magee, MS 39111

Telephone: 601-867-5000

www.brc.state.ms.us

A MS Department of Mental Health Facility



Boswell Regional Center's Friends & Family Association is a non profit all volunteer organization that works to ensure Boswell individuals are valued and loved.

All monies received from memberships are donated to the organization to purchase items for the individuals served by Boswell Regional Center.

Donations

Donations may be made in memory or honor of a loved one:

In Memory of _____

In Honor of _____

By: _____

Acknowledgement should be sent to the following:

Name: _____

Address: _____

State: ___ Zip Code: _____

Phone: (___) _____

Email: _____

Boswell Regional Center

**Friends & Family Association
P.O. Box 128
Magee, MS 39111**

**Boswell
Regional
Center
Friends and
Family
Association**



*Where Dreams Can
Become Reality!*